

# Repertory of Mental Qualities

## QRep



ISIS

# What is the QRep?

- The QRep has been created by Jeremy Sherr working in conjunction with Raphael Neu. (Raphael is an Israeli homeopath now living in England.
- QRep is a repertory you can purchase to use with ISIS
- QRep provides a set of 28 mental Qualities each containing every remedy associated (inc. newly proven remedies not included in other repertories)—often there are hundreds of remedies associated with each quality.
- ISIS provides a graphical interface to the QRep for enhanced ease of use
- You can quickly repertorise using all the Qualities you observe in a case to see remedies that cover all of these qualities

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QRep is an ideal complement to all existing repertories

# Graphical Repertory Interface in ISIS!

One click chooses a quality

Each quality selected marked as Eliminative

Ambition	Animals	Carers and helpers	Clairvoyance	Control	Dark
Divided, Doubled	Drug	Embarrassment	Failure	Female hormones	Guilt
High and Low	Home and House	Knives and Points	Light	Light and Dark	Low self esteem
Money	Music	Obsessive Compulsive Disorder	Opinion of others	Perfectionist	Snakes
Spiders	Trapped	Type-A	Victim	Water	

# ISIS provides on-screen information about each Quality

Home and House	<b>Home and House</b> For use where any home related issues are a theme of the case. This quality represents issues such as homesickness or a desire to leave home, including delusions and/or fears related to home. It includes houses but does not include issues resulting from being indoors.
Music	

# The Problem Qrep solves

## How to Find the right rubric

Example: Patient who cares too much about others, worries about them, and is burnt out from looking after them

# What Rubrics To Use?

- *Cares, full of, others about*
- *Sympathetic*
- *Anxiety others, for*
- *Anxiety - caretaking of others, from*
- *Weakness - nursing and staying up with sick person*

QRep Quality: Carers and Helpers

# Finding the right rubric

**Example: Patient who loves money, worries about not having any and spends too much**

# What rubrics to use?

- ***Fear poverty***
- ***Avarice***
- ***Ambition increased money to make***
- ***Extravagance***
- ***Anxiety - money matters, about***
- ***Dreams money***

Qrep Quality: Money



# Finding the right rubric

**Example: Patient who fears snakes, thinks he sees them, and dreams about them**

# What Rubric To Use?

- *Fear of snakes*
- *Dreams of snakes*
- *Delusion of snakes*
- *Snake remedies*

Qrep Quality: Snakes

# Finding the right rubric

**Example: Patient with fear  
of heights, dreams of  
falling and impulse to jump**

# What Rubric To Use?

- *Fear heights*
- *Desire to Jump*
- *Dreams of falling*
- *Delusions he was in a high place*

Qrep Quality: High / Low

# **Rubrics that are just not there when you need them**

- **Low self esteem**
- **Obsessive compulsive**
- **Victim**
- **Perfectionist**
- **Drugs and drug addicts**
- **Opinion of others**
- **Type-A people**
- **Failure**

# Jeremy Sherr

## Definition of the right rubric

***‘The rubric that has the right remedy in it’***

# Repertory of Mental Qualities

## The Mission:

- Create a repertory where the **right** rubric is **easy** to **choose**
- Create a repertory where the **best** available remedy **must** be in the chosen rubric

# Repertory of Mental Qualities

## The Mission:

Right rubrics + Rubrics with Right Remedy

= **Right result**



# Repertory of Mental Qualities

**Quality** means individual characteristics of a person.

# Dr Grimmer :

- “The best prescribers prescribe on the high-grade symptoms, the mental and moral states, the reaction of the patient to environment, heat and cold, aversions and desires, etc..
- Take those groups, and you don't have to use so many of them. Three or four general symptoms will frequently lead you to the three or four remedies you want to study more carefully in the materia medica.”

# Kent

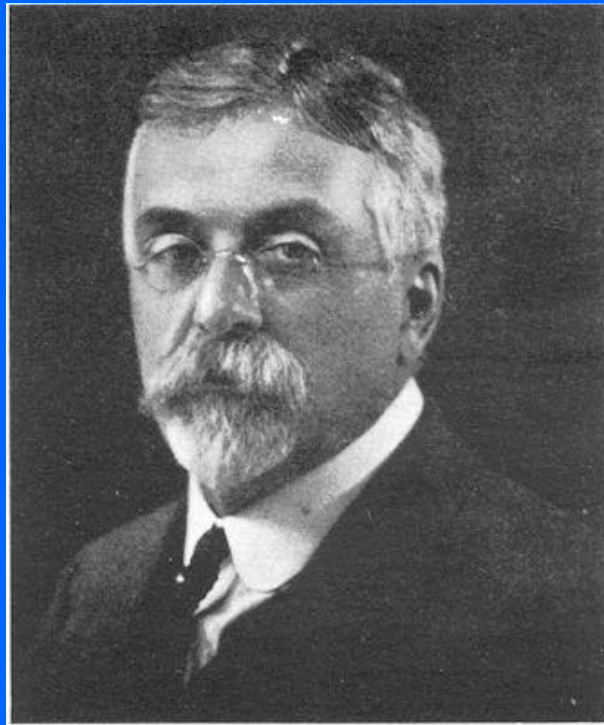
**Less  
Generalisation**



**More well defined  
symptoms  
and modalities**

# Boger's method

Small rubrics with essential remedies only



*Docteur C.M. Boger (1861-1935)*

# Bonninghausen Method



Use **large** general rubrics, where you are **sure** the remedy is in the rubric

Only then go to more characteristics,  
keynotes and particulars

# Bonninghausen Method



**More certain results!**

**Best Approach**

# Method: First the Cake = Large Generalised Rubrics

- Water
- Flour
- Butter
- Sugar
- Eggs
- Chocolate



# Then the icing!

## Physical Affinities + any Strange, Rare and Peculiar





# Work Wisely

- Start by using **large** and **reliable** rubrics you are **certain** about to repertorise to the main group of remedies
- **Do not** repertorise with **small**, **unreliable**, or with **too many** rubrics! Leave them for narrowing down your choice, or to check for **small** remedies

# Some Say : Analyse Materia Medica



# Materia Medica Searching = Misleading Results! Example : Falling

**ABUSIVE** - scolds until the lips are blue  
and eyes stare and she **falls** down  
fainting

**COMA** - eyelids; with **falling** of

# **Analysis based on materia medica search results**

- 1. Misleading data included by mistake**
- 2. Results either too vague or over precise yielding poor remedy choice**

***"The Mind is a mine field"***

*Jeremy Sherr*

*Approach to building the  
QRep*

# Create useful rubrics for Mental Qualities







**Rubrics you need in every  
day practice**



**Rubrics of high quality**

**With an emphasis on accuracy**





**Rubrics with all the latest  
information**



**But only reliable information!**





**Rubrics you can count on!**

# The kind of Rubrics you need every day!

- Perfectionist
- Control
- Divided-double
- Guilt
- Obsessive compulsive
- Failure
- Ambition
- Embarrassment
- Opinion of others
- Knives and points
- Home
- Water
- Type-A
- Money
- Animals
- Low self esteem
- Victim
- Carers and Helpers
- Snakes
- Female hormones
- Clairvoyance
- High and low
- Water
- Dark
- Light
- Drugs
- Music

# What's in a Quality?



# High-low Quality

## Everything from all related rubrics

- MIND - HIGH PLACES - agg.
- MIND - MODALITIES - HIGH places agg.
- MIND - PHENOMENA - FEAR - high places
- MIND - FEAR - high places, of
- MIND - DELUSIONS - sitting - high; he is sitting too
- MIND - DELUSIONS - looking - down; he were looking - high place; from a
- MIND - DELUSIONS - lifted; she was being - air; high in the
- MIND - DELUSIONS - jumping - high place; off a
- MIND - DELUSIONS - high - he were high - houses; higher than the
- MIND - DELUSIONS - high - he were high
- MIND - DELUSIONS - high - building; stepped from a high
- MIND - DELUSIONS - held - sitting; he is held up high when
- MIND - DELUSIONS - hanging; is - he or she were hanging - standing high; hanging or
- MIND - DELUSIONS - bird - high as a bird, he is
- MIND - PHENOMENA - DELUSIONS, imaginations - lifted up, he or she is - high in air, fear he could fall from slightest touch or motion
- MIND - PHENOMENA - DELUSIONS, imaginations - hang, hanging - standing high, or is
- MIND - HIGH PLACES - desire

# High-low Quality

- MIND - FEAR - high places, of - pushed by someone behind him; might be
- MIND - FEAR - high places, of - others on; seeing
- MIND - PHENOMENA - FEAR - high places - pushed by someone behind him, might be
- MIND - PHENOMENA - FEAR - high places - throw himself down, lest he
- MIND - DELUSIONS - falling - height; from a
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - height, from a
- MIND - PHENOMENA - DELUSIONS, imaginations - looking down from a height
- MIND - PHENOMENA - DELUSIONS, imaginations - jump - height, from a, and land safely, she can
- MIND - PHENOMENA - FEAR - falling, of - height, from a
- MIND - PHENOMENA - JUMPING - height, from a
- MIND - DELUSIONS - jumping - safely; she can jump from a height and land
- MIND - DELUSIONS - abyss - falling down an abyss; fear of - others would fall down an abyss, as they stand close to it
- MIND - DELUSIONS - abyss - falling down an abyss; fear of
- MIND - DELUSIONS - elevated - air; elevated in the - fall; and would
- MIND - DELUSIONS - bed - falling - through the bed - floor; and
- MIND - DELUSIONS - bed - falling - through the bed
- MIND - DELUSIONS - falling - hold onto something; she would fall if she did not



# High-low Quality

- MIND - DELUSIONS - falling - he is - unpleasantly; she would fall not
- MIND - DELUSIONS - falling - he is - suddenly
- MIND - DELUSIONS - falling - he is - head; on
- MIND - DELUSIONS - falling - he is - deep
- MIND - DELUSIONS - falling - he is - children; in
- MIND - DELUSIONS - falling - he is - awakening; when
- MIND - DELUSIONS - falling - he is - asleep; when
- MIND - DELUSIONS - falling - he is
- MIND - DELUSIONS - falling - elevated and would fall; he were
- MIND - DELUSIONS - falling - clings and asks to be held
- MIND - DELUSIONS - falling - seat; he would fall from a
- MIND - DELUSIONS - falling - over; he would fall
- MIND - DELUSIONS - falling - open space; he would fall in
- MIND - DELUSIONS - falling - looks - up; falls if he looks
- MIND - DELUSIONS - falling - looks - down; falls if he looks - standing or when walking; when
- MIND - DELUSIONS - falling - looks - down; falls if he looks - downstairs; when going
- MIND - DELUSIONS - falling - hole close by; danger of falling into a
- MIND - DELUSIONS - hanging; is - he or she were hanging - three feet from the ground - asleep; on falling



# High-low Quality

- MIND - DELUSIONS - lifted; she was being - falling; with fear of
- MIND - DELUSIONS - rising - falling; then
- MIND - FEAR - falling, of
- MIND - FEAR - falling, of - afternoon
- MIND - FEAR - falling, of - evening
- MIND - FEAR - falling, of - night
- MIND - FEAR - falling, of - backward - looking up; when
- MIND - FEAR - falling, of - carried; while
- MIND - FEAR - falling, of - child holds on to mother
- MIND - FEAR - falling, of - children; in
- MIND - FEAR - falling, of - descending stairs; when
- MIND - FEAR - falling, of - sleep, on going to
- MIND - STARTING - anxious - downward motion, from - falling; as if afraid of
- MIND - PHENOMENA - BED - fall out, as if he would
- MIND - PHENOMENA - DELUSIONS, imaginations - abyss - fear of falling down an
- MIND - PHENOMENA - DELUSIONS, imaginations - elevated - air, in - fall, and will
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - waking, on

# High-low Quality

- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - bed - out of
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - bed - through the
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - bed - through the - through floor
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - clings and asks to be held
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - downward, into oblivion
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - hole, in a
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - open space, in
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - still, yet feels
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - holds on to something, she will fall if she not
- MIND - PHENOMENA - DELUSIONS, imaginations - lifted up, he or she is - fear of falling, with
- MIND - PHENOMENA - DELUSIONS, imaginations - lifted up, he or she is - fear of falling, with - headache, during
- MIND - PHENOMENA - DELUSIONS, imaginations - rising, then falling, of
- MIND - PHENOMENA - FEAR - falling, of

# High-low Quality

- MIND - PHENOMENA - FEAR - falling, of - afternoon
- MIND - PHENOMENA - FEAR - falling, of - evening
- MIND - PHENOMENA - FEAR - falling, of - night
- MIND - PHENOMENA - FEAR - falling, of - carried, being
- MIND - PHENOMENA - FEAR - falling, of - children, in
- MIND - PHENOMENA - FEAR - falling, of - children, in - hold on to mother, nurse
- MIND - PHENOMENA - FEAR - falling, of - looking down agg.
- MIND - PHENOMENA - FEAR - falling, of - sleep, on falling asleep
- MIND - PHENOMENA - FEAR - falling, of - waking, on
- MIND - PHENOMENA - FEAR - falling, of - downstairs
- MIND - PHENOMENA - FEAR - falling, of - downstairs - upstairs, and
- MIND - PHENOMENA - FEAR - falling, of - high walls and building upon him
- MIND - DELUSIONS - bed - falling - out of bed

# High-low Quality

- MIND - DELUSIONS - air - suspended in the air
- MIND - DELUSIONS - beads - she was one of a long string of beads suspended in space
- MIND - DELUSIONS - floating - bed - suspended in bed
- MIND - DELUSIONS - suspended - he is suspended in the air
- MIND - DELUSIONS - suspended - he is suspended in the air - bed; and not lying in
- MIND - PHENOMENA - DREAMS - water - falling into
- MIND - PHENOMENA - DREAMS - falling - hammock, from a
- MIND - PHENOMENA - DREAMS - falling - flood, into a
- MIND - PHENOMENA - DREAMS - falling - elevator is
- MIND - PHENOMENA - DREAMS - falling - danger of
- MIND - PHENOMENA - DREAMS - falling - confidence, with
- MIND - PHENOMENA - DREAMS - falling - abyss, into
- MIND - PHENOMENA - DREAMS - falling
- MIND - PHENOMENA - DREAMS - danger - falling, of
- MIND - PHENOMENA - DREAMS - ascending a height
- MIND - PHENOMENA - DREAMS - jumping - height, from a, and landing easily
- DREAMS - JUMPING - height; from a
- DREAMS - FALLING - height, from a
- DREAMS - FALLING - danger of - height, from a
- MIND - PHENOMENA - DREAMS - high places - save
- DREAMS - THROWN; being - high place; from a
- DREAMS - HIGH places - ledge - hanging from a
- DREAMS - HIGH places
- DREAMS - FURNITURE; high - collapsing
- MIND - PHENOMENA - DREAMS - falling - house, from roof of
- MIND - PHENOMENA - DREAMS - falling - loft, from
- MIND - PHENOMENA - DREAMS - falling - pit, into a
- MIND - PHENOMENA - DREAMS - falling - window, from, friends
- MIND - PHENOMENA - DREAMS - falling - water, into
- MIND - PHENOMENA - DREAMS - buildings - high
- MIND - PHENOMENA - DREAMS - falling - high places, of
- MIND - PHENOMENA - DREAMS - falling - high places, of - men are killed by falling from a height

# High-low Quality

- MIND - PHENOMENA - DREAMS - falling - high places, of - water, into
- MIND - PHENOMENA - DREAMS - high places
- MIND - PHENOMENA - DREAMS - ladder, standing on a high
- MIND - PHENOMENA - DREAMS - scaffold, he was on a very high, without being anxious
- MIND - PHENOMENA - FEAR - falling, of - high walls and building upon him
- MIND - PHENOMENA - DELUSIONS, imaginations - square - colossal, of a, surrounded by houses a hundred stories high
- MIND - PHENOMENA - DELUSIONS, imaginations - walls - surrounded by high
- MIND - DELUSIONS - square surrounded by houses a hundred stories high; sees a colossal
- MIND - DELUSIONS - trees - higher; trees seem
- MIND - DELUSIONS - walls - surrounded by high walls; being
- MIND - FEAR - fall upon him; high walls and building will
- MIND - DELUSIONS - objects; about - lean forward and about to fall; high objects
- MIND - DELUSIONS - fall; something would - him; on
- MIND - DELUSIONS - falling - walls
- MIND - DELUSIONS - falling - things will be
- MIND - DELUSIONS - falling – showers
- MIND - DELUSIONS - house - falling on her; as if houses were
- MIND - DELUSIONS - walls - falling; walls are
- MIND - DELUSIONS - walls - falling; walls are - inward
- MIND - FEAR - falling, of - everything is falling on her
- MIND - FEAR - falling, of - houses; of
- MIND - FEAR - falling, of - letting things fall, of
- MIND - PHENOMENA - DELUSIONS, imaginations - bed - falling on her, everything is
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - things will be
- MIND - PHENOMENA - DELUSIONS, imaginations - walls - falling
- MIND - PHENOMENA - DELUSIONS, imaginations - walls - falling - inward
- MIND - PHENOMENA - DELUSIONS, imaginations - walls - falling - inward - convulsions, before epileptic
- MIND - PHENOMENA - FEAR - falling, of - houses, of
- MIND - PHENOMENA - FEAR - falling, of - things falling on her
- MIND - PHENOMENA - FEAR - falling, of - meningitis, in
- MIND - PHENOMENA - FEAR - falling, of - pregnancy, in
- MIND - PHENOMENA - FEAR - falling, of - room, in warm
- MIND - PHENOMENA - FEAR - falling, of - room, in warm - air, open, amel., although he is then chilly

# High-low Quality

- MIND - PHENOMENA - FEAR - falling, of - forward
- MIND - PHENOMENA - FEAR - falling, of - forward - rising, on
- MIND - PHENOMENA - FEAR - falling, of - walking, while
- MIND - PHENOMENA - FEAR - falling, of - water, into
- MIND - PHENOMENA - FEAR - falling, of - turning head, on
- MIND - PHENOMENA - FEAR - falling, of - vertigo, in
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he will be, if he stands
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - forward, that she is
- MIND - PHENOMENA - ANXIETY - fall, to, during walking
- MIND - FEAR - falling, of - stooping; on
- MIND - FEAR - falling, of - turning head, on
- MIND - FEAR - falling, of - walking, when
- MIND - FEAR - falling, of - water; into
- MIND - FEAR - falling, of - fire; into
- MIND - FEAR - falling, of - forwards
- MIND - FEAR - falling, of - forwards - rising; on
- MIND - FEAR - falling, of - rising; on
- MIND - FEAR - falling, of - room agg.; in
- MIND - DELUSIONS - falling - backward - side; he would fall backward or to one
- MIND - DELUSIONS - falling - backward - rocking in a chair; going over backward when
- MIND - DELUSIONS - falling - backward - bed; on getting out of
- MIND - DELUSIONS - falling - backward
- MIND - DELUSIONS - falling - walking; when - step; he would fall at every
- MIND - DELUSIONS - falling - walking; when - if she walks
- MIND - DELUSIONS - falling - turns; if he - right or left; to
- MIND - DELUSIONS - falling - turns; if he - head; he would fall if he turns his
- MIND - DELUSIONS - falling - stands; he will fall if he
- MIND - DELUSIONS - falling - side; to one - rising; he would fall to one side on

# High-low Quality

- - turning head, on
- MIND - PHENOMENA - FEAR - falling, of - vertigo, in
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he will be, if he stands
- MIND - PHENOMENA - DELUSIONS, imaginations - falling - he is - forward, that she is
- MIND - PHENOMENA - ANXIETY - fall, to, during walking
- MIND - FEAR - falling, of - stooping; on
- MIND - FEAR - falling, of - turning head, on
- MIND - FEAR - falling, of - walking, when
- MIND - FEAR - falling, of - water; into
- MIND - FEAR - falling, of - fire; into
- MIND - FEAR - falling, of - forwards
- MIND - FEAR - falling, of - forwards - rising; on
- MIND - FEAR - falling, of - rising; on
- MIND - FEAR - falling, of - room agg.; in
- MIND - DELUSIONS - falling - backward - side; he would fall backward or to one
- MIND - DELUSIONS - falling - backward - rocking in a chair; going over backward when
- MIND - DELUSIONS - falling - backward - bed; on getting out of
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- MIND - DELUSIONS - falling - walking; when - if she walks
- MIND - DELUSIONS - falling - turns; if he - right or left; to
- MIND - DELUSIONS - falling - turns; if he - head; he would fall if he turns his
- MIND - DELUSIONS - falling - stands; he will fall if he
- MIND - DELUSIONS - falling - side; to one - rising; he would fall to one side on

# High-low Quality

## including Phatak, Boger and other repertoires

- **F - Fear, anxiety, fright - fall upon, him, high walls and buildings**
- **H - High - places agg**
- **L - Looking - upwards - high buildings at agg ptk1**
- **S - Stepping - downstairs agg - high, steps, from ptk1**
- **V - Vision - objects - high, lean forward and about to fall ptk1**
- **MODALITIES - Aggravation - High altitudes**
- **MIND - Fears dread - Downward motion, falling**



# Emphasis on Accuracy

- Every remedy checked by a team of homoeopaths
- Every remedy checked to source: proving, cases, authors etc
- No automatic combining of rubrics
- No automatic inclusion of families based on generalizations
- Jeremy's clinical additions and 28 years of experience

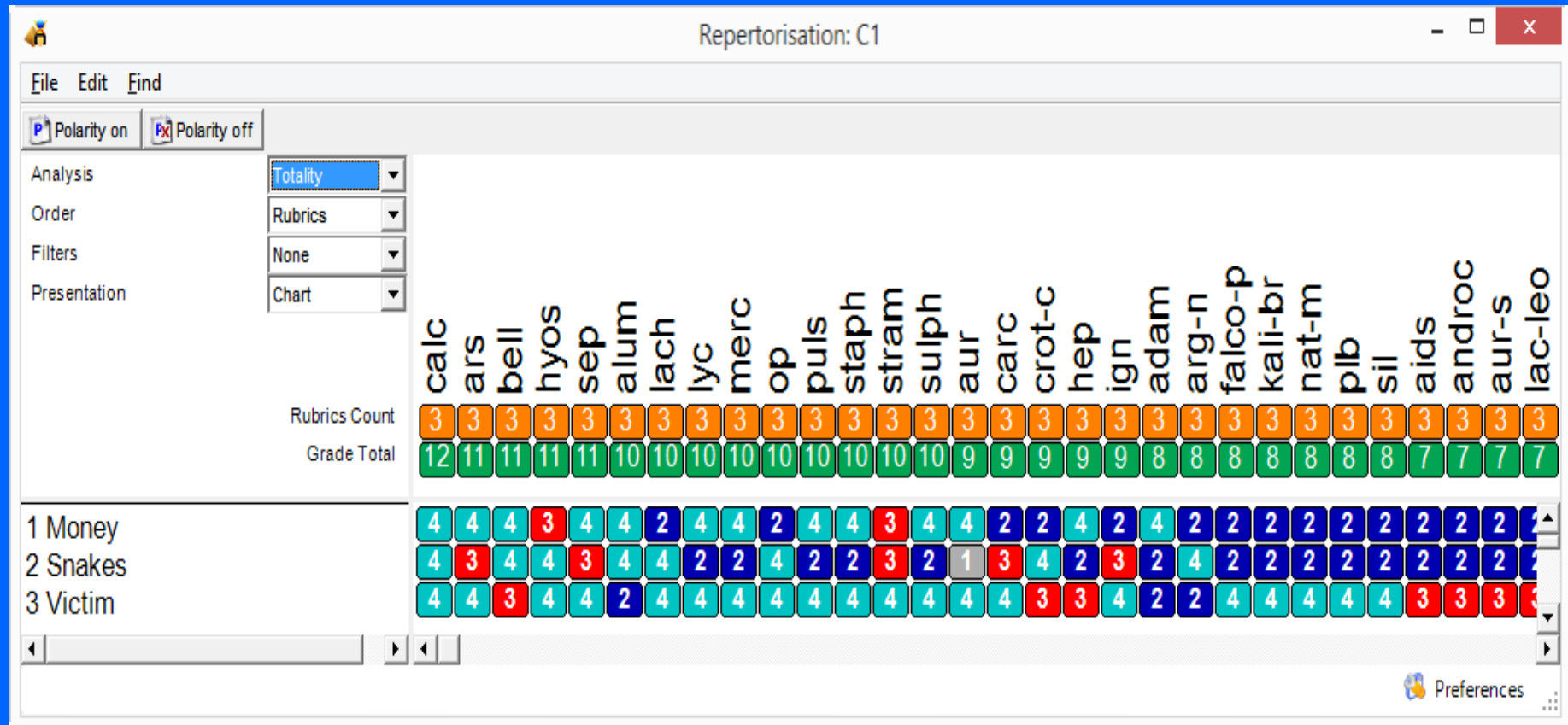
# Many new provings still not found in other repertories



# Rx Grades/Degrees by Quality

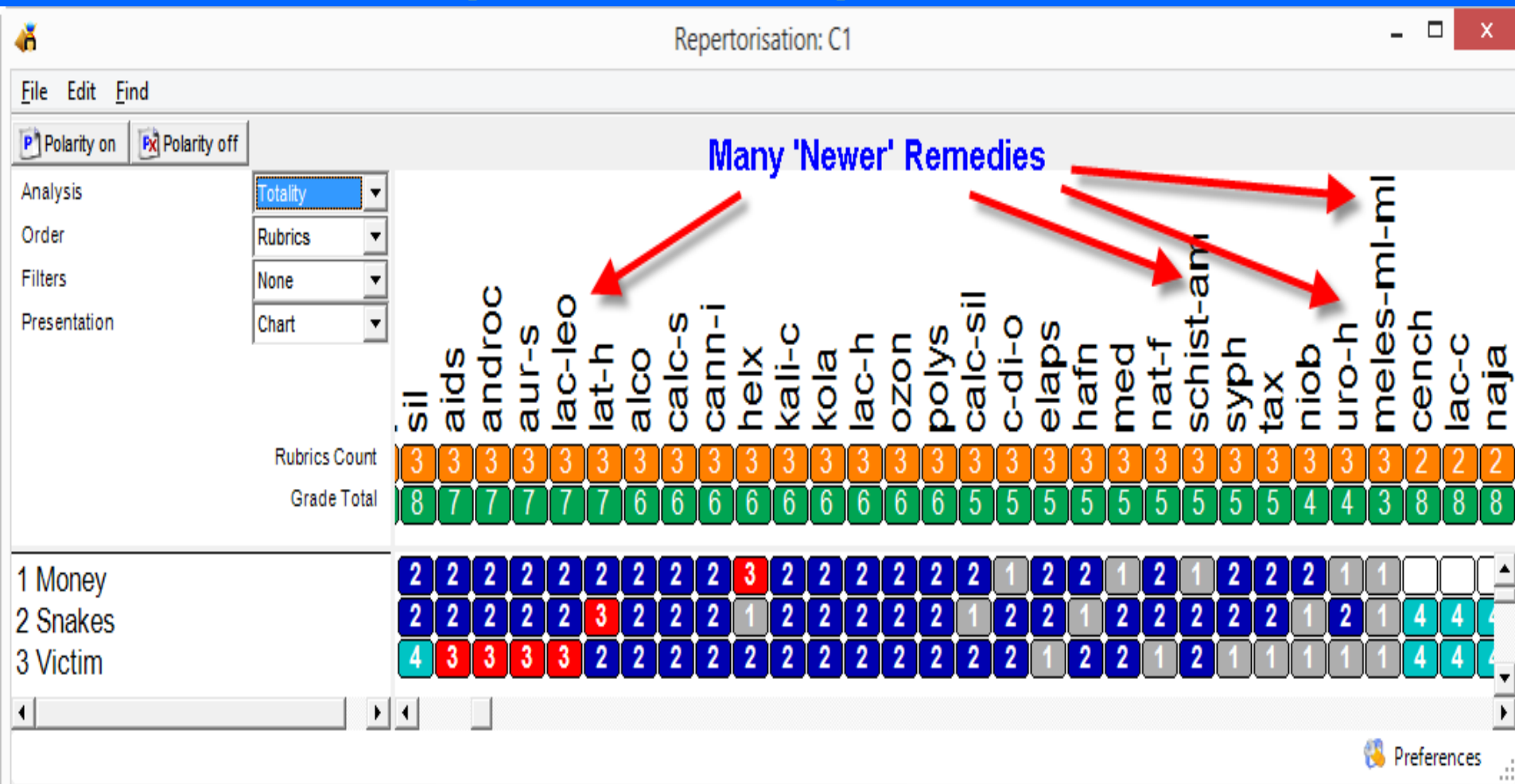
- 4 BOLD- essential part of remedy
- 3 Bold- experimental for 4<sup>th</sup> degree
- 2 All- possible remedies for this Quality
- 1 Experimental -possible additions

# ISIS Qrep Analysis - Example



The required remedy is one of those that covers ALL the qualities!

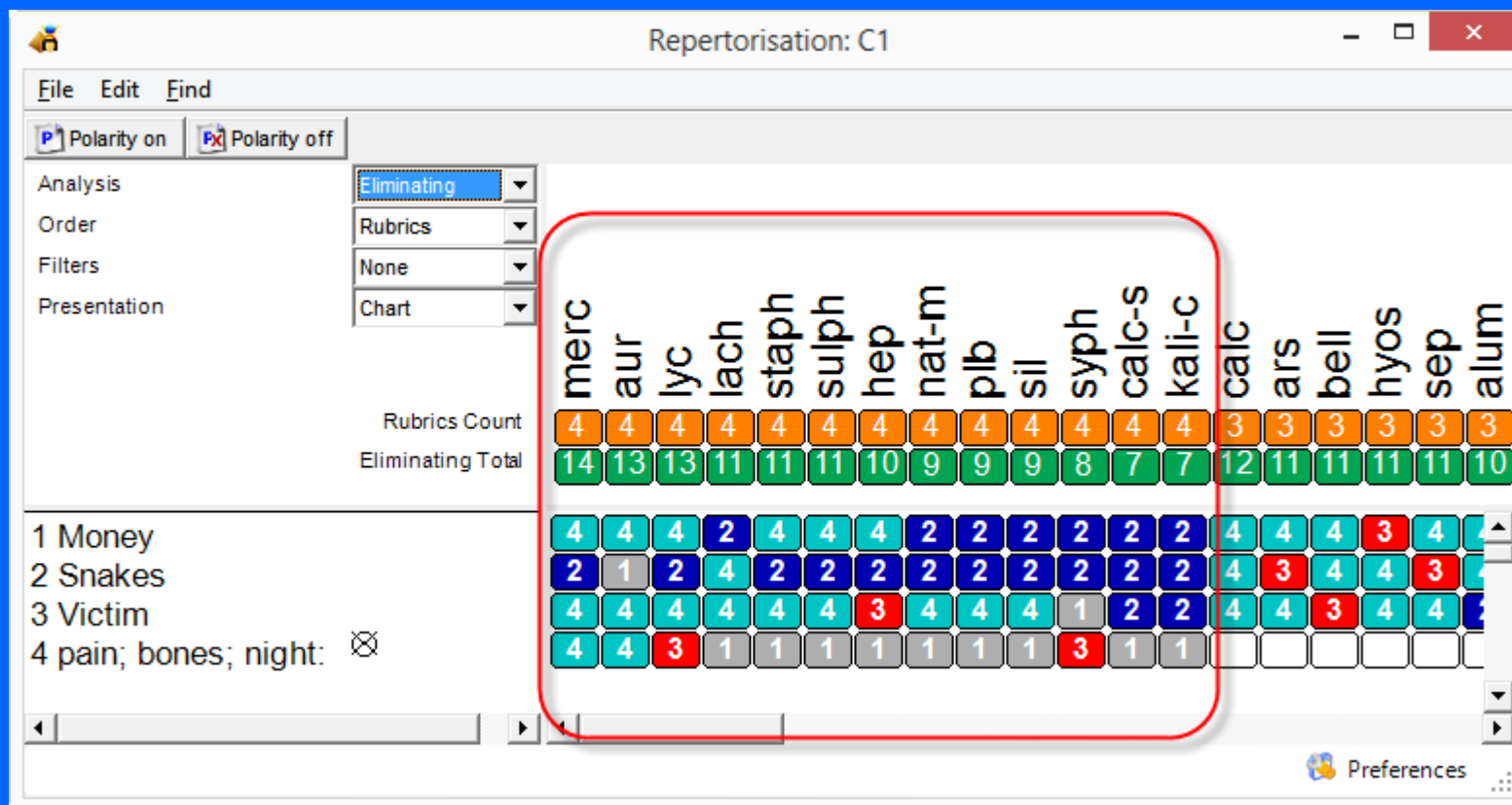
# Q-Rep is Comprehensive!



But how to differentiate all the remedies?



# How? Add the Icing!



Add a general rubric for any physical 'affinity' and the group of remedies is more manageable

# Caution : If you include a rubric from any other repertory then:

1. You will nearly always lose newly proven remedies that are included in QRep (as a huge number of these new remedies are still not present in any other repertory)
2. If you use Phatak or Boger affinities then your remedies will always be well indicated polycrests only

Both above are fine if that is how you wish to work

Jeremy personally recommends reviewing each remedy that covers all qualities in a case (even if that means reviewing 30 remedies!)

# Qrep also contains Family groups

- Aur-XX
- Alum-XX
- Carbs-XX
- Arg-XX
- Snakes-XX
- Gems-XX
- Lacs-XX
- Noble gases-XX



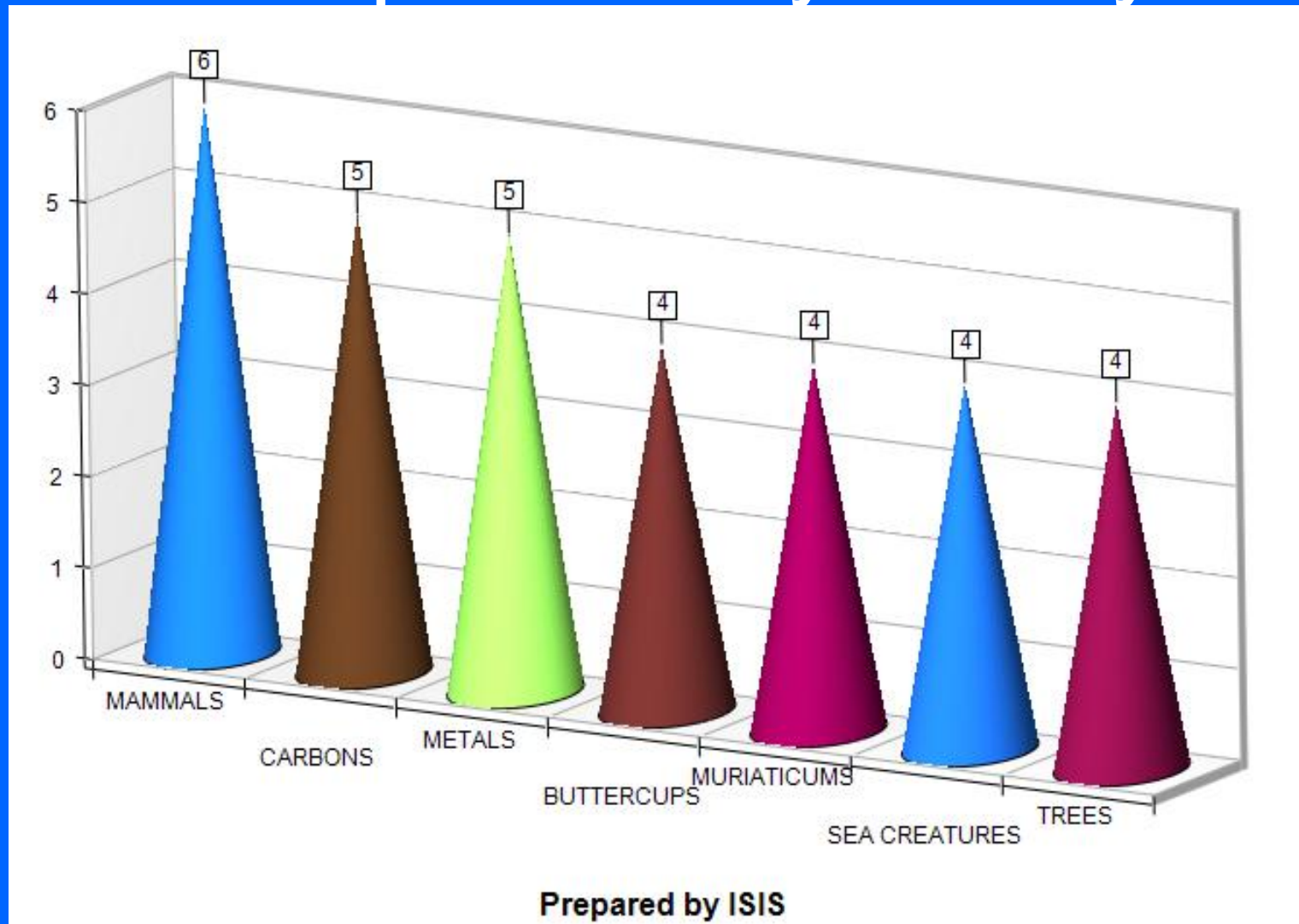
# Analysis may reveal a Family group

The screenshot shows the 'Repertorisation: C1' window. On the left, there are menu options: File, Edit, Find. Below these are buttons for 'Polarity on' and 'Polarity off'. A sidebar contains sections for 'Analysis' (with a dropdown set to 'Eliminating'), 'Order', 'Filters', 'Presentation', 'Rubrics Count', and 'Eliminating Total'. The main area displays a grid of 16 columns (representing cases) and 4 rows (representing symptoms). The columns are labeled: musc-d, polys, vanil, agar, agath-a, aur-m, cann-i, lsd, nat-p, schist-gg, tarent, tax, **carbons**, cic, clad-r, kali-p, lac-f, petr, and tritic-vg. The 'carbons' column is circled in blue, and two red arrows point to it from the top right. The grid cells contain numbers from 1 to 4, with some cells highlighted in red (e.g., musc-d row 1, polys row 2, vanil row 3, agath-a row 4, etc.).

	musc-d	polys	vanil	agar	agath-a	aur-m	cann-i	lsd	nat-p	schist-gg	tarent	tax	carbons	cic	clad-r	kali-p	lac-f	petr	tritic-vg
Rubrics Count	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
Eliminating Total	8	8	8	7	7	7	7	7	7	7	7	7	6	6	6	6	6	6	6
1 Victim	3	2	2	2	2	2	2	2	1	2	3	1	1	1	2	1	2	3	2
2 Carers and helpers	1	2	1	2	2	2	2	1	2	1	2	2	3	2	1	2	1	1	1
3 Obsessive Compulsive Disorder	2	2	3	2	1	1	1	1	2	2	1	2	1	1	1	1	2	1	1
4 Home and House	2	2	2	1	2	2	2	3	2	2	1	2	1	2	2	2	1	1	2

Preferences

# You can use ISIS to analyse the case qualities by Family



# Or Filter the quality results to see only Carbon remedies

The screenshot shows a software window titled "Repertorisation: C1, Carbons". The window has a menu bar with "File", "Edit", and "Find". Below the menu bar, there are two buttons: "Polarity on" and "Polarity off". To the left of the main table, there are four dropdown menus: "Analysis" (set to "Eliminating"), "Order" (set to "Rubrics"), "Filters" (set to "Families"), and "Presentation" (set to "Chart"). Below these dropdowns, there are two labels: "Rubrics Count" and "Eliminating Total". The main table displays counts for five remedies: "calc", "kali-c", "bar-c", "adam", and "petr". The table has four rows of data, corresponding to the symptoms listed on the left: "1 Victim", "2 Carers and helpers", "3 Obsessive Compulsive Disorder", and "4 Home and House". The counts are displayed in colored boxes: orange for "Rubrics Count", green for "Eliminating Total", and various other colors (cyan, blue, red, grey) for the individual remedy counts.

	calc	kali-c	bar-c	adam	petr
Rubrics Count	4	4	4	4	4
Eliminating Total	13	10	9	8	6
1 Victim	4	2	2	2	3
2 Carers and helpers	2	2	3	2	1
3 Obsessive Compulsive Disorder	3	4	2	1	1
4 Home and House	4	2	2	3	1

At the bottom right of the window, there is a "Preferences" button.

# Repertory of Mental Qualities

- Modern rubrics that you need in every day practice
- Rubrics that are easy to choose
- Rubrics that include all relevant remedies

**Right rubrics +  
Rubric with right remedy =  
Right result**

# Repertory of Mental Qualities



**Keep it simple**

# Repertory of Mental Qualities



**Improve your results!**

# Benefits of the QRep

**Confidence** : You can be confident that once you have chosen all the Qualities in your case that ***the required remedy is definitely in the list!*** (Unlike when using other repertories when you may lose the required remedy when you take your very first rubric in a case!)

**Timesaving** : QRep is an essential shortcut to selection of mental rubrics – there is no need to decide on the exact mental rubrics to use – use all the Qualities you see in the case. This takes away all the time searching for and selecting the exact rubric that may be required.

**Focus** : Even when there might be 30 remedies all covering the qualities your work can be better focused as it gives you time to focus on differentiating between remedies rather than the process of repertorisation

**No Extra Work** : Helps avoid the need to combine several rubrics from other repertories to make sure you 'cover' all of the required remedies. Minimises having to search materia medica to cross check all the time and creating new rubrics from materia medica searches

**New Remedies** : Use even newly proven remedies with confidence

**= Better Results !**



# Repertory of Mental Qualities



**Enjoy!**