Male Age 58 Persistent chest infections, gout

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This man had been to the doctor and had been referred to the hospital for X-rays. He had been told that one of his lungs was half full of pus and needed to be drained which meant him going into hospital.

I will outline just one area of his treatment which is of interest regarding the remedy in question.

I had explained to him what would happen in hospital and he seemed fine although reluctant to go. He was short of breath and very over weight so he was taken into the ward from reception in a wheelchair.

I had asked him to pay special attention to what the doctors removed as I wanted to know the detail to help me in my choice of additional remedies.

In hospital after much discomfort he was told that the thick, yellow pus they had removed was too thick to aspirate using a needle. They needed to set up a chest drain and a doctor would be around to speak to him.

Around 10 p.m. that night two doctors explained to him about the procedure for a chest drain but they unfortunately went on to explain that if that didn't work they would operate to remove part of his lung and jokingly laughed about how they would 'saw through' his chest to expose his lungs.

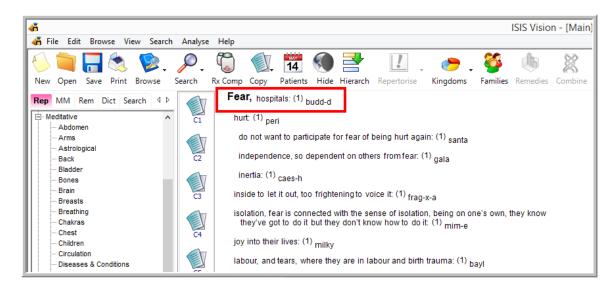
Now, I could understand their joviality, as this patient is a huge, outspoken, larger than life character so they probably didn't realize he was terrified of hospitals, doctors etc.

I also had no idea as he had shown no signs of fear to me only reluctance as to having to spend time away from home and work.

His wife was waiting outside when all of a sudden she saw her husband running down the length of the ward! Out and down the corridor he ran as she chased him down several flights of stairs more corridors and outside to the car park where he demanded she drive them home. **She was amazed that he could move so fast**.

At around 10.30 p.m. I had a phone call from his wife and I went around to see him. He had collapsed on the floor in a terrible state. However, at last, it came out that he was *terrified of hospitals and doctors* and that he was never going back as they were going to saw him to pieces. I persuaded him to return several days later with the help of homeopathy.

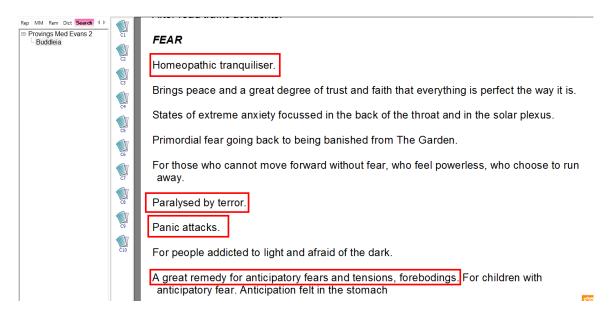
Normally I suppose you might normally reach for your trusty Aconite for the terror this man was experiencing. *However the Meditative Repertory has a clear specific for this exact condition:*



Remedy Selected: Buddleia

I gave Buddleia because it is specific for fear of hospitals, dentists etc but also because it acts as a homeopathic tranquiliser.

Buddleia brings peace, calm and tranquility. From Madeline Evans Materia Medica (part of the Meditative Pack in ISIS):



The night before he was admitted I gave him Buddleia to repeat in the morning before leaving for the hospital. I gave him extra to take if needed when he was in the hospital.

He stayed in a day or so and did take some extra Buddleia initially until he settled down after having been set up with the drain. After a litre or so of pus had been drained he was released having being told that he did need the operation to remove some of his lung as his body had encapsulated the pus into several areas which would have meant too many incisions to drain every encapsulation.

He came back to his house where a couple of relatives whom he particularly disliked were waiting to visit him. He did not like either of them and his wife had always had to threaten him to behave when they were around as he had a tendency to say what he thought of them. However, I had a phone call to say that he had just arrived home and immediately began telling the visitors how beautiful they looked and had they been to the hairdressers as their hair was so lovely? He was charm itself. They had rung me to ask what the remedy was so that they could put it in his water. (Joke) No one had ever seen him behave in such a charming fashion.

Further extracts of Buddleia taken from Materia Medica of Meditative Remedies in ISIS

Brings peace, calmness and tranquility

Brings playfulness, lightness, joyfulness, singing

Apart from Arnica, which he started on returning home, he had no other remedy except Buddleia.

To finish the story: He refused surgery preferring to take Silicea daily for years instead. After several years he moved abroad and we lost touch. I heard he died around 10 years later on a trip to the UK. The post mortem mentioned several reasons but no mention of any pus on his lungs.

Final Thoughts about Buddleia

Buddleia is a good remedy to be given along with other remedies for physical and emotional trauma. It will enable them to work much more deeply, to work on the spiritual trauma which blocks so deeply

I have found this to be so in so many cases. They say superficial things and cannot access the depths of their being.

Even his wife did not appreciate just how terrified of hospitals this person was!